

You, Me & My EX



BECAUSE FAMILY COMES FIRST

YOU, ME AND MY EX Factual

Timeslot: 45-60 minutes

Production: Buzz Television

www.armozaformats.com

Phone: +972.3.5408333 | Fax: +972.3.543.5752 | Email: info@armozaformats.com



YOU, ME AND MY EX

Factual

With divorce rates getting higher each year, how does today's modern family deal with their new reality? How do you stop the complicated set of relationships from tearing your life apart? 'You, Me and My Ex' is a new docu-reality show that gives divorcees the chance to unite their old family with their new.

One person's ex and current partner will spend the whole weekend together in an isolated resort. They will go through a series of mental and emotional tasks in the hope that they be able to resolve their differences and provide a happier environment for their kids.

They will share their feelings and resentments from the past, their hopes and expectations for the future and lay out their issues to fight for what they care most about, in the process learning to accept one another. Only after this will they be joined by the person who is the reason for their connection...

Each episode includes the following stages to help the ex and current partner understand each other better:

- Open Pandora's box containing 6 objects that bring memories and emotions to the surface
- Go on a fun / relaxing bonding outing
- Watch a video message to hear exactly what they think about each other
- Experience or learn something that the other loves to do
- Meet together with the mutual current and ex-partner
- A family portrait to represent the newly united family

'You, Me and My Ex' is a moving factual format that deals with a very real, but frequently ignored issue, in a unique and constructive way, helping families come to terms with their new reality.

